

Getting involved with *LivingSpirituality*

Individuals

We will put you in touch with your nearest *LivingSpirituality* regional contact. Our members have a number of interest groups they want to develop. These are listed on our website.

We arrange occasional events which will be advertised on our website and through our e-newsletters.

LivingSpirituality is organised by volunteers. Informal gatherings may be arranged within different regions if members organise them.

Organisations

The Steering Group welcomes approaches from organisations sharing a similar ethos with whom we can exchange website links and e-newsletters. We often advertise others' events.

Donations both small and large are welcome as a valued way of supporting the growth of this work and enabling us to publicise *LivingSpirituality*. Our funds are kindly handled on our behalf by St James's Church, Piccadilly.

Please consider supporting *LivingSpirituality* through a one-off or a regular donation.

LivingSpirituality Donation Form

Please write legibly.

Your name _____

Address _____

Organisation (if applicable)

Email _____

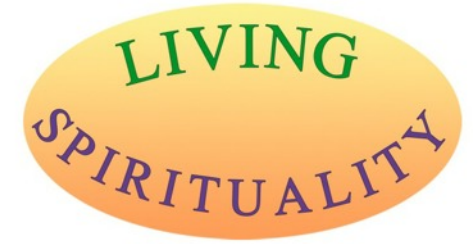
Phone _____

- I enclose a one-off donation
- I wish to set up a standing order
- I wish my donations to be Gift Aided

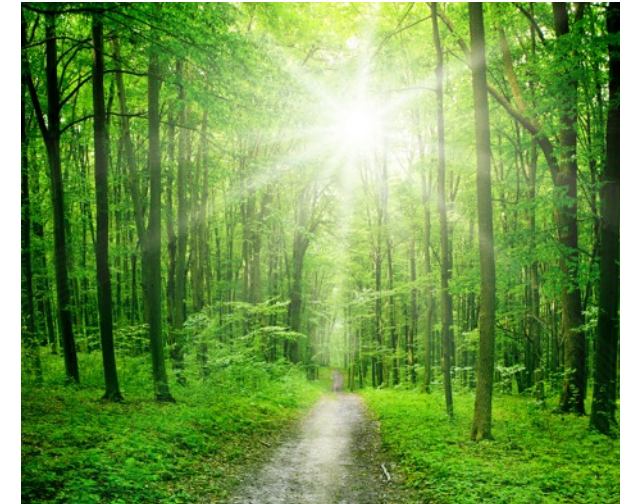
(A Gift Aid declaration form and a standing order form for regular donations can be downloaded from our website or posted to you.)

Please return this form to the address on the front of this leaflet, with cheques made out to "St James's Church". The funds are allocated to *LivingSpirituality*.

Online donations: please email info@livingspirit.org.uk and we will email you details of how to donate.



CONNECTIONS | PARTNERSHIP | RESOURCES



www.livingspirit.org.uk

Email: info@livingspirit.org.uk

Address:

Petra Griffiths, *LivingSpirituality*,
c/o St James's Church, 197 Piccadilly,
London W1J 9LL

Purpose of *LivingSpirituality*

We live in times of great change affecting all our institutions, including religious ones. Change is enlivening and can also be disorientating. New forms of spirituality are now being birthed around the world.

Our response to this is to encourage the mutual support of people exploring their own spiritual journeying.

LivingSpirituality brings together the contemplative and active dimensions of life, broadly rooted within the Christian tradition.

We intend ***LivingSpirituality*** to be a resource through which people can find material, groups and people to help deepen and anchor their explorations through all stages of journeying - at times of adversity and at times when we are in touch with the oneness of life.

LivingSpirituality is here to keep people informed about a wide range of initiatives and events relevant to our vision, and to connect people on a similar journey.

What we value

We value:

- spirituality expressed in our daily lives and relationships
- creativity experienced and expressed in diverse forms
- awe and wonder as ways of experiencing the sacred
- slowing down as a way of feeling the fullness of the present
- mutuality and partnership
- the wisdom from diverse spiritual traditions and contemporary movements
- respectful relationships based on listening and compassion
- an equitable sharing of the world's resources
- the sense of being an intrinsic part of the web of life
- the importance of caring for the natural world.

LivingSpirituality recognises the presence of the sacred within the challenges and pain of life, through which our spirituality may be enriched.

See our website for our full vision statement.

What is *LivingSpirituality*?

LivingSpirituality is growing organically and is run by volunteers. We recognise that no one group has all the right answers and we aim to remain open to different approaches.

LivingSpirituality has grown out of the highly valued **Living Spirituality Network**, which was supported until 2012 by Churches Together in Britain and Ireland. It is our hope that many of the individuals and organisations who linked with that network will join this new venture of sharing and encouragement of one another.

Our **website** lists the **interest groups** being developed within ***LivingSpirituality***, as well as the forms of spiritual practice our members are involved with. It gives details of ***LivingSpirituality*** regional contacts in the UK and Ireland, and shows centres with which we exchange information, giving links to their websites and changing programmes of events.

LivingSpirituality members communicate via **email newsletters and updates** including information about events, books and films that may have resonance.